

**Osho Family Constellations UK**

*Presents*

# **Roots of Love**

**A 3 day workshop in Family Constellations**

**(With Active Meditations)**

**with Svagito R. Liebermeister**

**25th - 27th May 2012 ~ Central London**

*‘Life is the greatest force in healing. To be in tune with Life is to be in tune with oneself & ones own family. This workshop will support participants in dissolving regressive entanglements with members of their family system & support them in a radical movement towards life’*

In Systemic Family Therapy, as developed by Bert Hellinger, we are trying to find peace and reconciliation with the members of our family, both original and present and we heal any difficulties in the man-woman relationship. Because of a child's deep bonding to his parents and his need to belong, suffering in a family continues sometimes over many generations. Nobody is consciously choosing this, but there is often a deep identification at the source of such suffering. In the work of Family Constellation we uncover this underlying mechanism and take a step out of such identifications.

With the help of other group members we create a constellation of our family or of a relationship and it becomes possible to see in which way we are entangled with the life

of others. When we include and open our heart to an excluded family member, we gain a certain wholeness and inner strength, similar to when we open up to disowned aspects of ourselves. When we leave the fate and sometimes a guilt or responsibility to someone it really belongs to, in that moment we become disentangled from the life of this person. This is only possible when we become conscious of the deep love that a child feels towards the members of his family and when we fall in tune with the collective part of our mind and our soul. Authentic healing is to be in wholehearted agreement with our soul and to experience oneself as part of the vaster movement of life itself.

**Svagito R. Liebermeister**

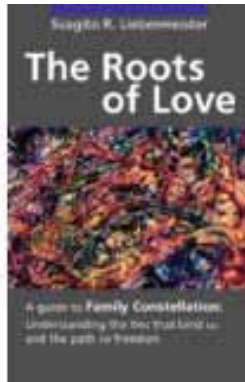
*“You carry the whole history of a chain, of a heritage. in your eyes, in your colour, in your face, in your hair, in everything. You are not alone and there is no way to be alone here. The only way is to be connected to a link.” Osho*



Svagito R. Liebermeister was born in Germany in 1957, holds a degree in psychology from Munich University, and has over 25 years practical experience in working with people as a therapist. He has studied a wide range of therapeutic approaches, including Deep Tissue Bodywork, Neo-Reichian Breath and Energy Work, Psychic Massage and Counseling.

Parallel to his interest in therapy, Svagito has been a disciple of the Indian mystic Osho since 1981 and has explored a wide range of meditation techniques. In 1995, he began to include Family Constellation in his work, studying with its founder, Bert Hellinger, and since 2000 he leads his own training programs in this fascinating new approach to therapy.

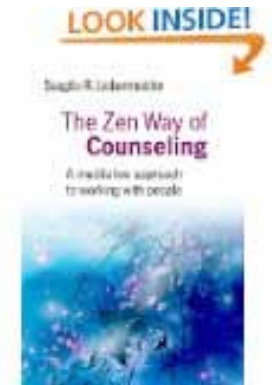
He is interested in combining therapy with meditation and has trained hundreds of practitioners worldwide in the art of working with people. For many years he was the coordinator of the Therapist Training Program at the Osho Meditation Resort in Pune, India, one of the largest personal growth centers in the world. Every year, he travels extensively through Europe, Asia, Central America and other parts of the world, offering courses and training programs in over 15 different countries.



**The Roots of Love:  
A guide to Family Constellation**

*Understanding the ties that bind us and the path to freedom*

This book examines the roots of love in families. It explains what leads us into suffering and what can lead us out of it, and how to grow toward a more conscious love.



**The Zen Way of Counselling:**

*A Meditative Approach to Working with People*

This book presents a way of counseling that is rooted in meditation. It explores a spiritual approach to therapy, revealing the essence of how personal growth actually occurs

## Workshop Information

### Venue:

InterChange Studios  
Hampstead Town Hall Centre  
213 Haverstock Hill  
London NW3 4QP  
Tel.: 020 7692 5800  
[www.interchange.org.uk](http://www.interchange.org.uk)

### Dates/Timings:

25<sup>th</sup> May ~ 27<sup>th</sup> May 2012

3 FULL DAYS

Active Meditations take place twice daily

Nearest Tube: Belsize Park

### Payment Details:

**Cost: £300**

**Deposit: £150**

If you cancel your booking more than 30 days in advance of the workshop we refund 80% of your deposit. Otherwise the deposit is **non-refundable**.

Payment via bank transfer preferred ~ (please contact Anu for bank acct details)

## Contact Details:

Svagito's Website: [www.family-constellation.net](http://www.family-constellation.net)

Svagito's UK Website: [www.osho-family-constellations.co.uk](http://www.osho-family-constellations.co.uk)

Anu's Website: [www.anumovingsoul.com](http://www.anumovingsoul.com)

For more information or to book please email Anu

[info@anumovingsoul.com](mailto:info@anumovingsoul.com)

*“Half of your being consists of your mother and half of your being consists of your father. You are here because of them; if they were not here you would not be here. All that is happening to you is, in a way, because of them... One has to become aware of this...”*

*So whatsoever they have done you have to feel grateful for. And whatsoever is happening to you and will happen to you, they remain the causes... They remain your foundation - so don't forget the foundation, that's all.”*

**Osho**

***A note from the organiser:***

*I personally have completed workshops, courses & trainings in many different approaches to therapy & healing, including dance, breathwork & Psychotherapy. As well as having worked with several other internationally renowned Family Constellations teachers. What I received from Svagito in terms of teaching, training & healing was  
**RADICAL.***

*Before I had worked with Svagito my relationship to myself was far from 'healthy'. After only 8 days of training with Svagito I arrived at a point within myself that had eluded me throughout several years of working on myself using other kinds of therapy. If you really want to deal with the difficulties/issues that stop you from moving forward then join us!!! I very much look forward to travelling with you in this collective movement towards Life.*

*“Therapy is the gateway to meditation in the same way the mother is the gateway to life. The only way out is through! If you don't come through the gateway then you are not really alive, then you and your meditation practice are dead”*

***Anu Azrael***

# **‘Family Constellation: Moving beyond Family’**

An Evening Lecture & Practical Demonstrations  
with International Teacher

**Svagito R Liebermeister**

Author of the books ‘Roots Of Love’ & ‘Zen Way Of Counselling’

**Thursday 24th May 2012**

*Time: 7.30 pm* (arrive at 7.20 pm to start on time)

*Venue: Interchange Studios*

Hampstead Town Hall Centre, 213 Haverstock Hill, London NW3 4QP

*Near Belsize Park Tube (Northern Line)*

*Cost: £12* (pay at the door)

‘This workshop will support participants in becoming more aware of the unconscious dynamics operating within their family systems & will facilitate greater awareness around the nature of Svagito’s work’

This taster workshop in Family Constellations is an opportunity for Therapists & Lay-People alike to be introduced to the work of Svagito R Liebermeister within an experiential context. Its a great opportunity for those who want to test the water before maybe going for a swim to do so. Also those who can’t afford the longer workshops are also welcome.

We look forward to welcoming you :)